



SSM INSTITUTE OF ENGINEERING AND TECHNOLOGY

Dindigul – Palani Highway, Dindigul – 624 002.

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WOMEN EMPOWERMENT CELL ACTIVITIES

S.No	Date	Programme	Guest Speaker	Beneficiaries
2023-2024				
1	22.03.2024	Legal Rights for Women	Mrs.R.Sangeetha Alaguraja,Advocate	300 Participants (All III & IV year girl students(278)+Faculty Members(30))
2	10.03.2024	Gift distribution	Dr.D.Senthil Kumaran, Principal, SSMIET.	Non teaching Female staffs and Ministerial workers
3	08.03.2024	Women’s Day Celebration-2024	Fun Games conducted for the Female Faculty and Non- teaching Staff	Female Faculty ,Non-teaching staff and Ministerial female workers participated
4	24.02.2024	Health Camp	Christian Fellowship Hospital , Oddanchatram	114 Participants (Teaching Faculty, Non teaching Staff, Ministerial Workers)
5	21.12.2023	Harassment at Work Places	1.Dr.Selvamani Jeyaraman, Sri Amogam Hospital 2.Mrs.R.Sangeetha Alaguraja,Advocate	280 Participants (All first year girl students(238)+Faculty Members(40))
6	17.10.2023	Woman as a Successful Entrepreneur	1.Ms.Jennifer Xavier, President,Rotary Club,Dindigul.	All third and final year girl students , Academic Faculty and



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			2.Ms.Nandhini Sankar, Managing Director, Classic Creator,Dindigul. 3.Ms.Vijayalakshmi Sivakumar,CEO, Vaahaa Naturals,Dindigul. 4.Ms.D.Divyadharshini, Proprieress,Elite Engg Works,Dindigul. 5.Ms.S.Nirmala, Proprieress, Neela Products,Thirupuvanam.	Non teaching staffs.
7	21.06.2023	Yoga Awareness Program	Swami Thapomula, Isha Foundation, Coimbatore.	All first year students ,Academic Faculty and Non teaching staffs.
2022-2023				
1	08.03.2023	Empowering a Woman as an Entrepreneur	Mrs.V.Hemalatha, Founder of Renuga Enterprises, Coimbatore.	All first year girl students , + ----- Academic Female Faculty and Non teaching female staffs.
2	08.03.2023	Gift distribution	Dr.D.Senthil Kumaran, Principal, SSMIET.	Non teaching Female staffs and Ministerial female workers
3	07.03.2023	Women’s DayCelebration-2023	Fun Games conducted for the Female Faculty and Non- teaching Staff	Female Faculty and Non-teaching staff participated
4	22.12.2022	□□□□□□ □□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□- □□□□□□□□□□□ , □□□□□□□□□□□□□□	Dr.S.Balasundari,M.A.,M.Phil.,M.Ed. ,Ph.D., Associate Professor in English,Gandhigram Rural Institute,Dindigul.	All first year girl students ,Academic Female Faculty and Non teaching female staffs.



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5	18.06.2022-23.07.2022 (All Saturdays)	Personality development Program for Mill workers	All Academic Female Faculty and Non teaching female staffs.	Women employees of SSM group of mill of age group between 17-30 years
6	16.06.2022	Outreach Awareness Program Training	Dr. S.Aasha, Ph.D, Psychologist and Therapist, ZEN Counseling and Therapy Center, Madurai	All Academic Female Faculty and Non teaching female staffs.
2021-2022				
1	11.03.2022	International Women's Day Celebration Special Lecture on "Aannandru pen inithu"	Dr.S.PJothi @ SakthiJothi Social Enthusiast ,Farmer, Orator, Poet/Writer Founder of Sri Sakthi Social Economical and Educational Welfare Trust	Female Faculty and Non-teaching staffs participated
2	08.03.2022	Women's Day Celebration-2022	Dr.S.Karthigailakshmi, HoD/ECE SSMIET	Female Faculty and Non-teaching staffs participated
3	07.03.2022	Women's Day Celebration-2022	Fun Games conducted for the Female Faculty and Non- teaching Staff	Female Faculty and Non-teaching staff participated
4	16.12.2021 to 29.12.2021 (Six Days)	One-on-One Session	Dr. S.Aasha, Ph.D, Psychologist and Therapist, ZEN Counseling and Therapy Center, Madurai	All Academic Faculty



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2020-2021				
1	08.03.2021	Women’s Day Celebration	Dr.D.SenthilKumaran Principal SSMIET	FemaleFacultyandNonteaching staffs participated
2	08.03.2021	Webinar on "Prevention of Gynec Issues"	Dr.K.HemaLekha, Senior Consultant Obstetrics and Gynecologist, Apollo Specialty Hospitals, Madurai	Girlstudentsand femalefaculty membersparticip ated
3	28.10.2020	Webinar on "Opportunities and Avenues For Female Entrepreneurs"	Mrs.R.Subathra, PVR Foods, Coimbatore	All girlstudents andfemalefaculty members. Around 80 members participated
4	12.10.2020	Webinar on "How to Upgrade your Cognitive Skills"	Dr.S.Aasha,Ph.D, Psychologist and Therapist, ZEN Counseling and Therapy Center, Madurai	All Girl students and female faculty members. Around 100 members participated
5	10.10.2020	Webinar on "Breast Cancer awareness Programme"	Dr.SathishSrinivasan, MD,DNB Consultant Radiation Oncologist, Apollo Specialty Hospitals, Madurai	All Girl students and female faculty members Around 70 members participated



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2018-2019				
1	18.08.2018	Health Awareness Programme	Dr. PremaGopalakrishnan, Homeopathic Practitioner, Salem	Girl students
2	08.03.2018	Women's day	Rtn. KogilaJeyaseelan, President, Rotary Club of Queen City, Dindigul	Girl students
3	30.01.2018	Aram Seivom – A talk show for Vendhar TV	Dr.Jayanthasri Balakrishnan, Renowned Orator	All students
2017-2018				
1	19.09.2017	Vizhithozhu – A motivational programme	Dr.Jayanthasri Balakrishnan, Renowned Orator	All students
2016-2017				
1	08.03.2017	Women's day	Dr.M.Guruvammal, President, Dindigul Literary Association.	All students
2015-2016				
1	08.04.2016	Health Awareness Programme	Dr.Asha Lenin, SP Homeo Clinic, Karaikudi	Girl students
2	06.03.2015	WEC Inauguration	Dr.R.Chandran, Campus Director	Girl students